

## Website wording

### **Social Prescribing Service – Viaduct Care**

Social Prescribing offers non-medical support to help improve your health and wellbeing.

If things like loneliness, housing issues, financial worries, low mood, managing a long-term condition, or making lifestyle changes are affecting you, our team can help. We take time to understand what matters to you and connect you with local services and community support.

### **Who can access the service?**

- Aged 18+
- Registered with a Stockport GP
- Happy to consent to referral

Appointments can take place by phone, at the practice, in the community or at home where appropriate.

Speak to a member of the practice team or use the link below to request a referral:

 <https://viaductcare.org.uk/referrals/social-prescribing-referral/>

## Social Media Post

### **Need extra support with things affecting your health and wellbeing?**

Our **Social Prescribing Service (Viaduct Care)** offers non-medical support for patients aged 18+ registered with a Stockport GP.

We can help with:

 Low mood or anxiety

 Housing or financial worries

 Loneliness or social isolation

 Managing long-term conditions

 Lifestyle changes such as increasing activity or weight management

We take a holistic approach — focusing on what matters to you and connecting you with local services and community support.

If you think this could help you, speak to a member of the practice team or use the referral link below:

 <https://viaductcare.org.uk/referrals/social-prescribing-referral/>